

ANNOUNCING

THE YOGA OF DEATH, LOSS AND  
TRANSFORMATION  
SPECIALIZED KRI CERTIFIED TRAINING LEVEL 1  
JANUARY 2026

The Dying Into Life Journey (DILJ) - "MY JOURNEY HOME"  
Level 1 is a 6 month, 70 hour-class time training course  
(from December 2025 to June 2026) with the goal  
of helping all people prepare themselves and those close to them  
for the end of life on earth using the teachings of  
Kundalini Yoga and Meditation for the Aquarian Age.

Further details to follow  
You can also consult our website [www.thedyingintolifejourney.com](http://www.thedyingintolifejourney.com)