Every day is very fortunate because it is a “lease” day. The breath of life is given to live on. Although the cellular system of our body decreases as the age grows, on the other hand our vastness and wisdom grows...not in all cases, but in few cases.

The proof of that is that some people who are very earthbound and are tied down with the magnetic field of the earth become mental. If not mental, then at least scared. You call them fanatics...you know we brand people like anything.

But the reality is that we are here, in a very joyous form. We lived with Guru Nanak, we lived with Guru Angad, we lived with Guru Ram Das, Guru Amar Das and we went up to Guru Gobind Singh and we were shaped and formed and given a specific identity.

In this identity, we found the virtue of the everlasting Guru—the Shabd Guru. People are everlasting temples, they have everlasting writings, but not in the status of Guru. I don’t blame them for it, because everything else changes. The difference between a scripture and a Guru is that everything changes, Guru never. It is sealed and done.

We, today, who walk on this path, have a progressive opportunity. Nobody is here whom God doesn’t want to be here. Dharma purges itself and when the negativity in a person grows up so much it’s unbearable, the person leaves. Dharma is becoming body of the pure, well knowing, friendly person; and it is not the body who tolerates scarecrows.

Somebody was telling me, "Well the Americans can be attacked at Punjab."

I said, "What should be our values, if the Golden Temple is attacked, what is left and what are you living for? Can you pull yourself to that higher consciousness?"
In senses:

Sanjog vijog du-ay kaar chalaaveh laykhay aavahi bhaag.
Union and separation both drive the world; only our destiny matters.—Japji Sahib (Pauri 29)

Whosoever you have to meet in this life you shall meet, you can't avoid it and whoever has to separate, shall separate, you can't avoid it...and this Kar of the Ek Ong Kar works that way and destiny comes to go through.

Guru Nanak said:

Aadays tisai aadays aad aneel anaad anaahat jug jug ayko vays.
Salutation! My humble salutation to You.
The Primal One, the Pure Light, without beginning, without end.
Throughout time you remain same.—Japji Sahib (Pauri 29)

How they put these words together!

You must understand the reach...it is Infinity. Sikh is a Divinity, Sikh is a purity, Sikh is a reality, Sikh is a universe in itself. All that is what it is—nothing but waves. It is not an ocean. Sikh is an ocean, many muddy rivers come in it and disappear, It doesn't change in color, doesn't change in taste. They say there are seven seas, but seven seas put together contain the earth but earth contains seven seas.

It's fundamental. Our micro-consciousness has to change into macro-consciousness and without the help of the mind, the meditation, the Guru, the inspiring words of the loved ones and inspiration, we can't do it. Hustling all the time about this earthly things and counting everything in pennies and pounds doesn't work.

This is a beautiful world and this is a beautiful time and it's a beautiful life and there is a most subtle and beautiful Guru guiding us in the beauty and in the ecstasy and in the charm of his own grace. That’s why Guru says Ang Sang Wahe Guru. With every part of you, Guru is.

It’s a miracle, that we have been given this chance. I think that we should honor it, make maximum out of it, and pray unto the Lord.
Somebody said that day to me, "I am very depressed."

I said, "Look at the sky, you will not be depressed."

There are universes and universes and universes up there. Our depression is when we limit ourself. Our pain is when we do not see the Infinity and our virtues and values are lost when we do not understand the meaning of *Ek Ong Kar*. Let us today join me and say it *Ek Ong Kar*, say it wherever you are sitting.

*Ek Ong Kar, Sat Nam, Karta Purkh, Nirbhao, Nirvair, Akal Moorat, Ajooni, Saibhang, Gurprasad Jaap, Aad Sach, Jugad Sach, Hai Bhee Sach, Nanak Hosee Bhee Sach*

If you get this in your heart, God will give you His heart and you will have joy, prosperity, and pleasure in living. My prayers are with you and I feel it is your prayers that are keeping me alive. When the body of the Khalsa prays, God acts. That is truth.

*Wahe Guru Ji Ka Khalsa! Wahe Guru Ji Ki Fateh!*